

Ellen L. Shanley, MBA, RDN, CDN, FAND

93 Buckingham Drive ■ Glastonbury, CT 06033 ■ (860) 508-7741

EXPERIENCE

- 2008- Present ***Dietetics Director***, University of Connecticut, College of Agriculture, Health and Natural Resources, Department of Allied Health Sciences, Storrs, CT
Principal Investigator:
NFSMI: Exploring How Elementary and Middle/Jr High Students' Preferences Impact Their Milk Selection in Schools 2014-2015 (\$23,846)
Discovery Center: Nutrition Education and Intervention 2012-2013 (\$15,500)
USDA Food Safety Grant: *Innovative food safety education for low literacy food service employees* 2006-2011 (\$530,117)
Chair, College Diversity Committee 2013-Present
- 1985-2008 ***Didactic Program Director in Dietetics***, Extension Instructor in Residence
University of Connecticut, College of Agriculture and Natural Resources, Department of Nutritional Sciences, Storrs, CT
Principal Investigator:
USDA Food Safety Grant: *Innovative Food Safety Education for Low Literacy Food Service Employees Using Enhanced and Interactive Distance Education 2006-2011* (\$530,117)
USDA Food Safety Grant: *Is the Internet an effective means of teaching food safety to high-risk students?* 2001-2005 (\$500,000)
USDA Food Safety Grant: *Distance Education* 1999-2000 (\$60,000) development of distance education course on the Internet and CD Rom in English, Spanish, and Vietnamese
Connecticut Health Foundation: *Improving Oral Health of Disadvantaged Preschool Children through a Nutritional Intervention*, in collaboration with the University of Connecticut Dental School 2007-2008 (\$60,000)
Team Nutrition Training Grants:
2003-2005 (\$102,380) Improving the School Nutrition Environment;
2002-2004 (\$111,928) Healthy Nutrition Environments in Childcare;
2001-2003 (\$160,000) Changing the Scene – encouraging nutrition in schools, 2 day conference in April 2001 for school health teams;
2000-2001 (\$71,000) Nutrition in Action for preschool teachers and school food service;
1998-2001 (\$160,000) Development of Nutrition Education Web-site www.team.uconn.edu and partial funding for development of publication *Fueling the Teen Machine*
Collaborator:
USDA Food Safety Grant: University of Massachusetts, Food Safety Training & Certification for Undereducated and Limited English Proficient Food Handlers, 2003-2006; USDA NRI
"Tween POWER: Preventing Obesity through Wise Expenditures of Resources," 2004-2008
Connecticut Nutrition Education Training Program
Professional Cooking Training Program

1981-1985	Property Manager for off-campus housing at Southern Connecticut State University Prescott Associates, Hamden, CT
1977-1980	Instructor, Coordinated Program and Didactic Program Framingham State College, Framingham, MA
1975-1980	Consultant Dietitian Neville Manor, Cambridge, MA
1974-1975	Assistant Food Service Director Sodexo USA, Waltham, MA at Framingham Union Hospital
1973-1974	Dietetic Intern Massachusetts General Hospital, Boston, MA

EDUCATION

May, 1977	Babson College Wellesley, MA Master of Business Administration
June, 1974	Massachusetts General Hospital Boston, MA Dietetic Internship
May, 1973	Syracuse University Nutrition and Food Science Syracuse, NY Bachelor of Science

PROFESSIONAL SOCIETIES

Academy of Nutrition and Dietetics, Registered Dietitian 380484
Practice Groups: Nutrition & Dietetic Educators of Practitioners, School Nutrition Services, Food &
Culinary Professionals, Dietitian in Business & Communications
Connecticut Academy of Nutrition and Dietetics
Food Service Management Education Council
Certified Dietitian-Nutritionist - State of Connecticut

OFFICES, HONORS, AND DISTINCTIONS

Academy of Nutrition and Dietetics***Awards:***

Fellow of the Academy of Nutrition and Dietetics, 2014
Medallion Award, 2012
ADAF Award for Excellence in Dietetic Education, 2005
Outstanding Dietetic Educator in Area 7, 1998

Positions Held and Committees:

Board of Directors, Director at Large, 2018-2021
ANDPAC Board, BOD Liaison, 2019-2021
Honors Committee, 2019-2020
Quality Management, Committee, 2018-2019
Ethics Task Force Committee, 2016-2018
National Appeals Committee, 2015-2016
Professional Development and Education Committee, Chair, 2013-2014; 2011-2015
Nominating Committee, Chair, Chair, 2011-2013, 2010-2013
Alternative Supervised Pathways Workgroup, 2010-2012
Workforce Demand Study, Scenario Workshop Participant, 2010
Education Committee, Chair, 2010-2011; Vice-Chair, 2009-2011
Member Value Committee, Chair, 2010-2011; Vice-Chair, 2008-2011
Futures Summit Planning Committee: 2010-2011
National Appeals Committee, Chair, 2007-2008
Speaker, House of Delegates, 2007-2008
Board of Directors, 2006-2008
Legislative & Public Policy Committee, Ex Officio, 2007-2008
Speaker-Elect, House of Delegates, 2006-2007
Finance Committee, 2003-2007
Issues Management Committee, 2006-2007
Table Facilitator, House of Delegates, 2003-2006
Mentor, House of Delegates, 2005-2006
CT Delegate, House of Delegates, 2000-2006

Academy of Nutrition and Dietetics Foundation

Scholarship reviewer, 2018

Connecticut Academy of Nutrition and Dietetics

Outstanding Dietitian of 2005
President's Award 2004
Education Committee, Chair, 2007-2008
Delegate, 2000-2003, 2003-2006
Nominating Committee, Past Chair
Council on Practice Program Committee, Past Committee Member
Minority Recruitment Advisory Committee, Past Committee Member
Education Committee, Member and Past Chair
Awards Committee, Past Chair

Food Service Management Education Council

Regional Director 2013-2019

Allied Fields and the Community Outreach: Citizen Ambassador Program, American School Food Service Association, Delegate to South Africa, November, 1996

Everybody Wins! CT

A Connecticut literacy program. Judge for 2010 & 2011 Night of the Chefs. Chefs are challenged to make healthy school meals

CT Child Nutrition Training Institute

Advisory Committee, 2011-Present

Field of Specialization: Food Service Management & Nutrition Education

SELECTED PUBLICATIONS AND PRESENTATIONS

Encouraging Wellness for Individuals with Intellectual and Developmental Disabilities. Ellen Shanley, MBA, RDN, CDN, FAND; Tina Dugdale, MS, RDN, CDN, RN, University of Connecticut, Department of Allied Health Sciences. International. International Congress of Dietetics 2020, Cape Town, South Africa (postponed to 2021)

Adapting a mhealth food and activity message tool for middle schoolers: Initial stages and integration with daytime sleepiness and food insecurity

Rachel Hildrey, Jessica Serrao, Carolyn Pancarowicz, Shari Staeb, Ellen Shanley, Valerie B. Duffy, Journal of the Academy of Nutrition Sept 2020.

Promoting Healthy Eating and Home Cooking for the Mentally Disabled Via Recipe Tasting and

Demonstration. Megan Fitterman; Jaclyn Lerner; Monica Marcello, MS; Corinne Roman-White; Nicole Parenchuck; Madeline Ziff; Tina Dugdale, MS, RDN, RN, CDN; Ellen Shanley, MBA, RDN, CDN, FAND. Department of Allied Health Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT. Accepted for CT Academy of Nutrition and Dietetics April 2020 meeting (postponed until Nov 2021)

Interest in digital dietary support among adults with kidney failure receiving hemodialysis

Claudia Mejia, MS, CLC, Brooke A. Libby, MPH, Madison L. Bracken, MA, Belinda Shanley, MS, RD, CSR, CDN, Marta Holovatska, BS, Jillian Wanik, DCN, RDN, Ellen Shanley, MBA, RDN, CDN, Molly E. Waring, PhD. Journal of Renal Nutrition, 2020; pp 1-6.

Nutritional Deficiency Disease Secondary to ARFID Symptoms Associated with Autism and the Broad Autism Phenotype: A Qualitative Systematic Review of Case Reports and Case Series

Summer Yule, BS; Mary Beth Bruder, PhD; Jillian Wanik, DCN, RDN, CDN; Ellen Shanley, MBA, RDN, CDN, FAND. Journal of the Academy of Nutrition & Dietetics (Under review)

M. Conrad¹ W. Kelsey¹ D. Crayco², MPH; T. Dugdale¹, MS, RDN, RN, CD-N; **E. Shanley¹, MBA, RDN, CD-N, FAND.** ¹Allied Health Sciences, College of Agriculture, Health and Natural Resources, University of Connecticut, Storrs, CT, ²Food Corps. Family Engagement with FoodCorps in Meriden and New London School Districts. CT Academy Spring Meeting, 2019, April.

Rachel Artus; Bonnie Blethen; Gina Cummings, MA; Annaliese DiFabbio; Ponita Khoury; Cassandra Vigue, Sarah Chau, RDN; Tina Dugdale, MS, RDN, RN, CDN; **Ellen Shanley, MBA, RDN, CDN, FAND,** Department of Allied Health Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT. Encouraging Wellness for the Mentally Disabled Via Hands-on Counseling, Group Presentations, and Menu Review. CT Academy Spring Meeting, 2019, April.

Claudia Mejia, BS, CLC¹ (Dietetic Intern/Graduate Student), Brooke A. Libby, MPH¹, Madison L. Bracken, MA¹, Belinda Shanley, MS, RD, CD-N², Marta Holovatska,¹ Paige Piera,¹ Brittany Nunes,¹ Jillian Wanik, DCN, RDN¹, **Ellen Shanley, MBA, RD, CDN¹,** Molly E. Waring, PhD¹ ¹Department of Allied Health Sciences, University of Connecticut, Storrs, CT; ²U.S Renal Care. Interest In Digital Support For Diet Among Adults With Kidney Failure Receiving Hemodialysis. CT Academy Spring Meeting, 2019, April.

Summer Yule, BS; Mary Beth Bruder, PhD; Jillian Wanik, DCN, RDN, CDN; **Ellen Shanley, MBA, RDN, CDN, FAND.** Nutritional Deficiencies Secondary to ARFID in Autism Spectrum Conditions: A Systematic Review of Case Reports. The Academy of Nutrition & Dietetics, September 2018 Volume 118, Issue 9, Supplement, Page A21.

Summer Yule, BS; Mary Beth Bruder, PhD; Jillian Wanik, DCN, RDN, CDN; **Ellen Shanley, MBA, RDN, CDN, FAND.** Nutritional Deficiencies Secondary to ARFID in Autism Spectrum Conditions: A Systematic Review of Case Reports. CT Academy Spring Meeting, 2018, April.

G. Chinea UCONN Graduate Coordinated Dietetics Student; C. Seddon UCONN Graduate Coordinated Dietetics Student; **E. Shanley MBA, RDN, CDN, FAND;** J. Wanik, DCN, RDN, CDN; V. Duffy PhD RD. Implementing a Text Message- and Facebook- based Intervention as an Effort in Increasing Mindful Eating Behavior. CT Academy Spring Meeting, 2018, April.

E. Shanley, MBA, RDN, CDN, FAND; J. Morillo, BS; M. Brod, BS; G. Mastrostefano, BS; A. Mele, BS; E. Rovcanin, BS; E. Sack, BS; E. Schlichtman, BS. Food Waste in Connecticut Schools: The Effect of Different Environments on Student Selection and Waste of Fruits, Vegetables, and Milk. CT Academy of Nutrition & Dietetics Spring Meeting. 2016, April.

E. Shanley, MBA, RDN, CDN, FAND; C. Longley, PhD, RD. Want Milk!: Exploring Students' Milk Preferences and Perceptions. Presentation at The Academy of Nutrition & Dietetics FNCE, Oct 2015.

E. Shanley, MBA, RD, CD-N; J. Artiaco, BS; E. Freschi, BS; G. Kelley, BS; C. Neilson, BS; K. Saulnier, BS; J. Shook, BS; J. Simon, BS. Do Changes in National School Lunch Program Impact School Lunch Participation? A Case Study from Connecticut. *Journal of the Academy of Nutrition and Dietetics*, Sept, 2014.

E.L. Shanley, E., MBA, RD, CD-N; C.A. Thompson, MS, RD; L. Elman, RD; K. Kelly, RD; E. Kontra, RD; J. Muchnick, RD; S. Schwarz, MS, RD; T. Smith, RD; P. Faghri, MD, MS; V.B. Duffy, PhD, RD. Nutrition-Focused Worksite Healthy Weight Intervention during the Fall/Winter Holiday Season: Pilot Program Successes and Lessons Learned. *Journal of the Academy of Nutrition and Dietetics*. 2012:112(9); A-80.

E.L. Shanley, E., MBA, RD, CD-N; Thompson, C.A., MS, RD. *Fueling the Teen Machine* 2nd edition. Boulder, CO. 2011.

E.L. Shanley, MBA, RD, CD-N; C.A. Thompson, MS, RD; C. Dziura-Duke, RD; N.R. Rodriguez, PhD, RD; University of Connecticut, Department of Nutritional Sciences, Storrs, CT Innovative Food Safety Education For Low Literacy Food Service Employees Using Traditional Versus Distance Learning Methods. *Journal of the American Dietetic Association*. 2009:109(9); A-63.

E.L. Shanley, MBA, RD, CD-N; C.A. Thompson, MS, RD; J.L. Rogers; J. Goyzueta, MPH; J.M. Douglass, DDM; E. Thibodeau, DMD, PhD, S.T. Reisine, PhD. Nutrition Education Intervention for Pregnant Women with High Oral *Mutans Streptococci* Levels. *Journal of the American Dietetic Association*. 2008: 108(9); A-90.

C.A. Thompson, MS, RD; K. Jeffrey, MS; N.R. Rodriguez, PhD, RD; **E.L. Shanley, MBA, RD, CD-N.** A Comparison of the Effectiveness of Traditional Classroom-Style Teaching to a Self-Paced Internet-Based Food Safety Education Program for Secondary School-Aged Students. *Journal of the American Dietetic Association*. 2007: 107(8); A-61.

E.L. Shanley, MBA, RD, CD-N; K. Jeffrey, BS; N.R. Rodriguez, PhD, RD; C.A. Thompson, MS, RD. Assessing The Effectiveness of a Self-Directed Food Safety Education Program for Secondary School-Aged Students. *Journal of the American Dietetic Association*. 2006:106(8); A-52.

E.L. Shanley, MBA, RD, CD-N¹; C.A. Thompson, MS, RD¹, S. S. Fiore, MS, RD²; ¹University of Connecticut, Department of Nutritional Sciences, Storrs, CT; ² Connecticut State Department of Education, Bureau of Health and Nutrition Services and Child/Family/School Partnerships, Middletown, CT. Vending in Schools: Addressing Concerns about the Obesity Epidemic. *Culinary Arts and Sciences V: Global and National Perspectives: ICCAS 05*. Worshipful Company of Cooks Research Centre: Poole, England. June 2005. (146-155)

A.B. Courville¹; C.A. Thompson, MS, RD¹; M.N. Cummings, PhD ²; J.S. Kurzynske, PhD, RD³; A. DePalma, PhD⁴, **E.L. Shanley, MBA, RD, CD-N¹**, ¹Univ. of CT., Nutr. Sci., Storrs, CT; ²NM State Univ., Family & Consumer Sci., Las Cruces, NM; ³Univ. of KY, Nutr. & Fd. Sci., Lexington, KY, ⁴Univ. of CT., Continuing Studies, Storrs, CT. Food Safety Knowledge Of High-Risk And Underserved Secondary School Students. *Journal of the American Dietetic Association*. 2004:104(9).

C.A. Thompson, **E.L. Shanley**, M.N. Cummings, J.S. Kurzynske, Using Technology to access resources, which will enhance food safety education for high-risk youth and their families. American Association of Family and Consumer Science Teachers, Annual Conference, San Diego, June 26, 2004.

E.L. Shanley, MBA, RD, CD-N¹; C.A. Thompson, MS, RD¹; L.A. Leuchner, MS¹; Y. Zhao, PhD², ¹Univ. of Conn., Dept. of Nutritional Sciences, Storrs, CT, ²Oregon State University, Dept. of Fd. Sci. & Technology, Corvallis, OR. "Distance Education Is As Effective As Traditional Education When Teaching Food Safety." Food Service Technology. 2004: (4); 1-8.

A.B. Courville¹; **E.L. Shanley, MBA, RD, CD-N¹**; C.A. Thompson, MS, RD¹; M.N. Cummings, PhD ²; J.S. Kurzynske, PhD, RD³; ¹Univ. of CT., Nutr. Sci., Storrs, CT; ²NM State Univ., Agric. & Home Econ., LasCruces, NM; ³Univ. of KY, Nutr. & Fd. Sci., Lexington, KY. Improving High Risk Students Knowledge of Food Safety Using Computer-Based Learning. The Journal of the American Dietetic Association. 2003:103(9); A-76.

C.A. Thompson, MS, RD; **E.L. Shanley, MBA, RD, CD-N**. *Overcoming Childhood Obesity*. Bull Publishing: Boulder. 2003.

E.L. Shanley, MBA, RD, CD-N¹; C.A. Thompson, MS, RD¹; L.A. Leuchner, MS¹; Y. Zhao, PhD², ¹Univ. of Conn., Dept. of Nutritional Sciences, Storrs, CT, ² Oregon State University, Dept. of Fd. Sci. & Technology, Corvallis, OR. "Distance Education Is As Effective As Traditional Education When Teaching Food Safety." Culinary Arts and Science IV: Global and National Perspectives. Worshipful Company of Cooks Research Centre: Poole, England. June 2003 (149-156.)

E.L. Shanley, MBA, RD, CD-N¹; C.A. Thompson, MS, RD¹; L.A. Leuchner¹; Y. Zhao, PhD², ¹Univ. of Conn., Dept. of Nutritional Sciences, Storrs, CT, ² Oregon State University, Dept. of Fd. Sci. & Technology, Corvallis, OR. Is Traditional Teaching More Effective Than Distance Education When Teaching Food Safety And Sanitation? Journal of the American Dietetic Association. 2002:102(9): A-58.

C.A. Thompson, MS, RD¹; **E.L. Shanley, MBA, RD, CD-N¹**; L.A. Leuchner, M.S.¹; Y. Zhao, PhD², ¹Univ. of Conn., Dept. of Nutritional Sciences, Storrs, CT, ² Oregon State University, Dept. of Fd. Sci. & Technology, Corvallis, OR. Criteria for a Successful Candidate in a Food Safety & Sanitation Distance Education Course. Thinking Globally Working Locally, A Conference on Food Safety Education. Orlando, FL. Sept.18-20, 2002.

E.L. Shanley, MBA, RD, CD-N¹; C.A. Thompson, MS, RD¹; L.A. Leuchner¹; Y. Zhao, PhD², ¹Univ. of Conn., Dept. of Nutritional Sciences, Storrs, CT, ² Oregon State University, Dept. of Fd. Sci. & Technology, Corvallis, OR. Is Traditional Teaching More Effective Than Distance Education When Teaching Food Safety and Sanitation? ASFSA Annual Meeting. Minneaeapolis, MN. July 23, 2002.

Shanley, E., MBA, RD, CD-N; Thompson, C.A., MS, RD. *Fueling the Teen Machine*. Palo Alto, CA. 2001.

Shanley, E., MBA, RD, CD-N; Thompson, C., MS, RD; Fiore, S., MS, RD. Developing a Cycle Menu Based on Children's Preferences to Meet the Menu Planning Option of Assisted NuMenus. *Journal of Child Nutrition & Management*. 2001:1(8-12).

Shanley, E., MBA, RD, CD-N; Thompson, C., MS, RD, Univ. of Conn., Dept. of Nutritional Sciences, Storrs, CT. Helping School Food Authorities Meet the Healthy School Meals Initiative. *Journal of the American Dietetic Association*. 2001:101(9): A-27.

Thompson, C., MS, RD; **Shanley, E., MBA, RD, CD-N,** University of Connecticut, Department of Nutritional Sciences. "An Interactive Web-based Nutrition Education Game for School-aged Children". *Journal of the American Dietetic Association*. 2000:100(9): A-37.

Shanley, E., MBA, RD, CD-N; Thompson, C., MS, RD, University of Connecticut, Department of Nutritional Sciences. "Development of a Nutrition Education Website for Connecticut" *Journal of Child Nutrition and Management*. 2000:2(107).

Shanley, E., MBA, RD, CD-N¹, Thompson, C., MS, RD¹, Fiore, S., MS, RD², 1Univ. of Conn., Dept. Nutri. Sci. & CT Nutrition Education & Training Program, Storrs, CT; ²State Dept. of Ed., Middletown, CT. Assessing Nutrition Education Needs of Connecticut Teachers. *Journal of the American Dietetic Association*. 1999:99(9): A-58

Shanley, E., MBA, RD, CD-N¹, Thompson, C., MS, RD¹, Fiore, S., MS, RD², 1Univ. of Conn., Dept. Nutri. Sci. & CT Nutrition Education & Training Program, Storrs, CT; ²State Dept. of Ed., Middletown, CT. The Development of an Assisted NuMenu for Connecticut. AFSFA Annual Meeting. New Orleans, LA. July 14, 1998. Invited Speaker at National Meeting, College Personnel Group.

Shanley, E., MBA, RD, CD-N¹, Thompson, C., MS, RD¹, Fiore, S., MS, RD², 1Univ. of Conn., Dept. Nutri. Sci. & CT Nutrition Education & Training Program, Storrs, CT; ²State Dept. of Ed., Middletown, CT. The Development of an Assisted NuMenu for Connecticut. AFSFA Annual Meeting. New Orleans, LA. July 14, 1998.

Shanley, E., MBA, RD, CD-N¹, Thompson, C., MS, RD¹, Fiore, S., MS, RD², 1Univ. of Conn., Dept. Nutri. Sci. & CT Nutrition Education & Training Program, Storrs, CT; ²State Dept. of Ed., Middletown, CT. The Development of an Assisted NuMenu to Meet USDA Requirements. International Conference on Culinary Arts and Sciences. Bournemouth, England. 998:302.

Shanley, E., MBA, RD, CD-N¹, Thompson, C., MS, RD¹, Fiore, S., MS, RD², 1Univ. of Conn., Dept. Nutri. Sci. & CT Nutrition Education & Training Program, Storrs, CT; ²State Dept. of Ed., Middletown, CT. Food Preference Survey for School Food Service Directors to Assist in Menu Development. *Journal of the American Dietetic Association*. 1997:97(9): A-80.

Shanley, E., MBA, RD. "Implications of Nutrition on Learning and Behavior in Children." University of Western Capetown, Capetown, South Africa; November, 1996.

Shanley, E., MBA, RD, Thompson, C., MS, RD, Fiore, S., MS, RD. *Connecticut Cooks For Kids*. Storrs, CT: University of Connecticut; 1996.

Shanley, E., MBA, RD¹; Santoro, D., RD²; Zartun, K.³; Thompson, C., MS, RD¹; Fiore, S., MS, RD⁴, 1UConn, Dept. Nutr. Sci. & CNETP, Storrs, CT; ²Wolcott School Food Service, Wolcott, CT; ³Stonington School Food Service, Stonington, CT; ⁴State Dept. of Ed., Middletown, CT. Impacts of Nutrient Standard Menu Planning for School Food Services. *Journal of the American Dietetic Association*. 1996;96(9): A-49.

Shanley, E., MBA, RD, Bergquist, J., RD. "Computers in School Food Service." Annual Meeting, American School Food Service Association: Boston, July, 1993.

Shanley, E., MBA, RD, DaCunto, Tracey A. and Devlin, Bradford E. Food Preference Survey for School Food Service. Fall Meeting, Connecticut Dietetic Association: Farmington, November, 1991.

Shanley, E., MBA, RD, DaCunto, Tracey A. and Devlin, Bradford E. Food Preference Survey for School Food Service. Annual Meeting, American School Food Service Association: Las Vegas, July, 1991.